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ROASTED CAULIFLOWER

- 1 head of cauliflower (any color), rinsed and cut into pieces
- 2 T (approx) canola or olive oil
- Salt & pepper to taste

Preheat oven to 400. Toss cauliflower pieces with oil, salt & pepper in a bowl until coated (feel free to use more or less oil). Spread onto a foil-lined baking sheet and bake about 25 minutes, or until tender when pierced with a fork and beginning to brown.