

U The Lexingtonienne U

SUPER-HEALTHY GREEK SALAD

- Romaine lettuce, washed, dried, and chopped (or the darker, leafier stuff if you are so inclined)
- Chicken breast (I poached chicken breasts that I had, but you could buy a roast chicken at the store.)
- Cucumber, sliced
- Kalamata olives
- Marinated artichoke hearts, drained
- Tomato, sliced
- Red onion, sliced
- Roasted red peppers, chopped
- Feta cheese
- Fresh ground black pepper
- Red wine vinegar or good balsamic vinegar
- Good olive oil

Combine all ingredients. Dress with oil and vinegar.

